

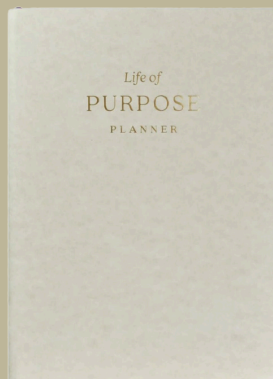
## Monica Anyango

Growing up amidst political turmoil in Uganda, Monica experienced true human suffering: political unrest, material poverty, and great losses due to war. We are inclined to mark Ugandan wartime struggles as the pit of despair. However, after coming to America, Monica believes that we should not overlook the spiritual poverty emphasized by Mother Teresa, which she considered to be greater than physical poverty.

When Monica arrived in America and began working in an intense and fast-paced emergency room, she saw life slip away. Lives that were filled with more distinct suffering than what she experienced in her birthplace. Deeply aware of the juxtaposition between material and spiritual poverty, Monica found herself contemplating a deeper meaning to life that surpasses earthly existence and decay.

In the account, Monica shares her personal journey in the search of the meaning of life. She questions if this world is all there is, or if there is something more. Through her narrative, Monica describes how her encounters in both worlds, Uganda and America, have shaped and compelled her to pursue the one thing that truly matters, not only in this life but for eternity.

Inspired by her conversion and search for fulfillment, Monica is also the visionary founder of Simplicity & Productivity Co. She seeks to provide the tools and resources to nurture virtue, foster discipline, and embrace a grounded lifestyle. Monica's mission is to inspire individuals through her story and her practical implementation of keeping a journal to integrate these habits into daily life.



Start living your life with purpose. Check out more of Monica's work at [simplicityandproductivity.com](http://simplicityandproductivity.com)



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# In Pursuit of God

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A UGANDAN WOMAN'S JOURNEY OF SEEKING TRUTH, JOY, & FULFILLMENT



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